



2nd AMW

2nd World Masters Weightlifting Grand Prix

PAK International Masters Weightlifters

#	Name	Contact #	Achievements
1	Ms. Sybil Sohail	0304-1479268	2025: Gold Medal. Asian Masters WL Doha QATAR 2024: Gold Medal. Commonwealth Powerlifting SA. National Powerlifting Gold Medalist (47 Kg) 2019-2025
2	Ms. Neelam Riaz	0320-8484909	2025: Silver Medal. Asian Masters WL Doha QATAR 2025 : Gold Medal: 35 th NGs Karachi TUG of War Event International Weightlifter/ World Cup Kabaddi Player National Powerlifting Gold Medalist (76 Kg) 2017-2025
3	Ms. Nadia Maqsood	0324-4948481	2025: Gold Medal. Asian Masters WL Doha QATAR (Declared Best Lifter of the Championships) International Weightlifter/ Powerlifter National Powerlifting Gold Medalist (86 Kg) 2017-2025
	RAFA Saeed Butt	+1 (310 748 - 4137	190 Beijing Asian Games Bronze Medalist. The last ever Medal at any Asian Games 1990 till 2026. 1989. SAF Games Gold Medalist National Record Holder for 7 years .
4	Muhammad Iqbal	0333-7937729	2025: Gold Medal. Asian Masters WL Doha QATAR National Weightlifter/ Powerlifter
5	Rasheed Khan	0333-7929816	2025: Gold Medal. Asian Masters WL Doha QATAR National Weightlifter/ Powerlifter
6	Dr. Aftab Butt	0300-9455645	Asian Silver Medalist and More than 10 Years National Gold Medal in 67 Kg Category.